

Sunday April 29th Schedule for 2018 Alberta Lead and Speed Provincials

8:00 Speed Check in.
 9:00 D&C Speed Athlete Meeting

of participants per category dictates the Finals rounds.
 16 or more Finals of 16
 8 to 15 Finals of 8
 4 to 7 Finals of 4

9:10	Youth D & C Practice		
9:15	Youth D & C Practice		
9:20	Youth D & C Practice		
9:25	Youth D & C Practice		
9:30	Youth D & C Practice		
9:35	Youth D & C Practice		
9:40	Youth D & C Practice		
9:45	Youth D & C Practice	Youth D & C Qual.	
9:50		Youth D & C Qual.	
9:55		Youth D & C Qual.	
10:00		Youth D & C Qual.	
10:05		Youth D & C Qual.	
10:10		Youth D & C Qual.	
10:15		Youth D & C Qual.	Youth D & C Finals
10:20		Youth D & C Qual.	Youth D & C Finals
10:25			Youth D & C Finals
10:30			Youth D & C Finals
10:35			Youth D & C Finals
10:40			Youth D & C Finals
10:45	Awards		
10:50			
10:55			
11:00	15 minutes to remove the blue holds	15 minutes to remove the blue holds	
11:00	B Speed Athlete Meeting		

Sunday March 10th, 2019 Schedule

Athletes only need to be present during their category compete time.

8:00 AM Gym Opens
 9:00 AM Youth D & C Speed Practice, Qualifiers and Finals
 11:00 AM Awards for Youth D,C Speed
 11:30 AM Youth B Speed Practice, Qualifiers and Finals
 1:00 PM Awards for Youth B Speed
 1:00 PM Youth A, Jr, Open Speed Practice, Qualifiers and Finals
 2:30 PM Awards for Youth A, Jr, Open Speed

11:15	Youth B Practice		
11:20	Youth B Practice		
11:25	Youth B Practice		
11:30	Youth B Practice		
11:35	Youth B Practice	Youth B Qual.	
11:40		Youth B Qual.	
11:45		Youth B Qual.	
11:50		Youth B Qual.	
11:55		Youth B Qual.	
12:00		Youth B Qual.	Youth B Final
12:05			Youth B Final
12:10			Youth B Final
12:15			Youth B Final
12:20			Youth B Final
12:25			Youth B Final
12:30			

AWARDS!

12:45 A/Jr/Open Speed Athlete Meeting

12:50	A/Jr/Open Practice		
12:55	A/Jr/Open Practice		
13:00	A/Jr/Open Practice	A/Jr/Open Qual.	
13:05		A/Jr/Open Qual.	
13:10		A/Jr/Open Qual.	
13:15		A/Jr/Open Qual.	
13:20		A/Jr/Open Qual.	
13:25		A/Jr/Open Qual.	A/Jr/Open Finals
13:30			A/Jr/Open Finals
13:35			A/Jr/Open Finals
13:40			A/Jr/Open Finals
13:45			A/Jr/Open Finals
13:50			A/Jr/Open Finals
13:55			A/Jr/Open Finals
14:00			A/Jr/Open Finals

AWARDS!