

# Calgary Climbing Centre Rocky Mountain – March 12, 2022

## ACA Youth Bouldering Provincials – Athlete/Coach Technical Notes

### 1. Welcome and Thank You!

- a. Calgary Climbing Centre: Walson, Simon and team
- b. Jury President: Rob Skrypnek
- c. Head Judge: Sylvain Vanier
- d. Technical Delegate: Shayne Trottier
- e. On location crew: Simon and team
- f. Head Route Setter: Juan Delfin
- g. Many Judges and volunteers
- h. Medical support: Nathan Hart

### 2. Athlete and Coach Behavior

- a. Athlete sportsmanship; appropriate language and behavior
- b. Coaches should not interact with Judge, including challenging calls
- c. Call Jury President, Head Judge or Technical Delegate if concerns
- d. **Abusive language or behaviour toward officials or volunteers will not be tolerated** and will result in yellow/red cards and/or removal of people who fail to respect this expectation

### 3. Format

- a. All youth age categories: Junior, A, B, C, D
- b. Video preview and athletes allowed to watch each other
- c. Qualifiers: 4 Problems - 5 minutes on / 5 minutes off - Brushing Break intervals included
  - i. Flash format meaning there is no isolation and coaches can interact with their athletes between boulders while in the chair
  - ii. Athletes must be in the chair 5 minutes prior to their first boulder
- d. Finals: 4 Problems - 4 minutes on / 4 minutes off
  - i. Finals quotas will reflect the Climbing Escalade Canada 2021-2022 Rules Amendments as closely as possible within schedule restrictions; this means there will be more finalists (i.e. >6) in most categories as outlined below and based on the number of athletes competing

Category	Number of Finalists	
	Male	Female
Junior	6	6
A	10	10
B	8	16
C	6	10
D	All athletes	

- ii. Athletes must be in isolation prior to it closing; failure to do so will result in disqualification from finals and there will be no exceptions
- iii. Finalists will not be presented prior to the first climber given the larger number of finalists and tight schedule
- iv. Coaches must be either in isolation or out; once a coach leaves isolation (exception: bathroom break), they cannot return
- v. Coaches cannot provide beta to athletes, including while resting between boulders

#### 4. Appeals

- a. May be made verbally by the athlete before signing off on their scorecard; no deposit required
- b. May be put forward by a coach using the written appeal form that will be available at the competition; requires an \$80 cash deposit
- c. If coach appeals are successful, the deposit will be returned

#### 5. Competition Floor and Layout

- a. Isolation for finals only (2<sup>nd</sup> level)
- b. Video replay is being used for this competition
- c. Scoring: at the end of Problem #4, scorecard given after athlete sign-off

#### 6. Schedule and Running Orders

- a. Copies of the final schedule and running order will be posted on the Calgary Climbing Centre website and posted in CCC Rocky Mountain

<b>Rules - Boulder Elements</b>
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#### START - Taped and Marked

- 1. How to satisfy the START Position
  - a. 4 pieces of tape where each piece of tape is for one hand or foot
  - b. To satisfy the start position the athlete must show control with a hand or foot on hold/holds with the tape before moving on to the next sequence (e.g. one volume with 4 tape pieces, 2 tape pieces on one hold and two holds with one tape each)
- 2. The athlete is allowed to touch the starting hold / holds ONLY; if not respected, an attempt is charged
- 3. Brushing holds is permitted if reached from the ground by the athlete attempting or designated brushers only
  - a. Coaches are not permitted to brush for their athletes
- 4. The athlete has to use all the marked start holds - if not, the athlete is called down with 1 attempt
- 5. A Satisfied start position is required - if not, the athlete is called down with 1 attempt
- 6. Tap is OK to start
- 7. If the athlete leaves the ground and dabs, it's an attempt

#### ZONE - Taped and Marked

- 1. In order to count it has to be Controlled by a hand
- 2. Automatically counted once the TOP is reached even if not being used during that attempt

#### TOP - Taped and Marked

- 1. In order to count it has to be Controlled (for 2-3 seconds or very obvious)
- 2. 2 Upper limbs must be used - 2 hands or any fingers configuration using both hands

- a. Finger touch, finger touch using both hands, back of the hand
- 3. Not allowed: 1 hand touches the final hold; the other hand touches the hand) or slapping the hold
  - a. Will count only when the judge verbally acknowledges and / or lift their clipboard up above their head

## Rules - Boulder Problems, Structures and Incidents

### 1. Volumes are part of the wall and are considered "IN"

- a. Exception: volume not designated as a start hold cannot be used to get onto the start holds, where the wall can be used.

### 2. Zone holds on volumes

- a. If the hold is taped / marked - that **hold** is the Zone hold
- b. If the volume is taped / marked with a hold on it - that **volume and ALL holds on that volume** are considered as the Zone hold

### 3. Bolt holes

- a. Are considered "OUT" if they are part of the wall(s) and / or volumes
- b. Are considered "IN" if they are part of the hold screwed to the wall and / or volume

### 4. Out of Bounds

- a. Hard Boundary (no go zone): usually Black color tape to delineate a border
- b. Soft Boundary (limbs, no holds): usually White color tape to delineate a border
- c. Unfinished edges - Top and Sides
- d. Top of boulder unless specified

### 5. Technical Incidents

- a. A hold spins - could be advantage / disadvantage - notify head route setter
  - i. Judge (advantage) or athlete (disadvantage) can call for technical
  - ii. Athletes must call immediately; if they continue climbing, then fall they cannot claim a technical
  - iii. JP determine if / where / when the athlete gets re-inserted in the round
- b. Blood: Cleaning crew steps in the moment the athlete comes down
  - i. Athlete must stop the bleeding before resuming climbing and problem is clean
  - ii. Once the athlete is done a cleaning crew is called and the time stops until cleaning is done

### 6. Jury President has the authority to issue Yellow and / or Red card

- a. Yellow is a warning
- b. Red is disqualification

### 7. Time

- a. The clock never stops
- b. Once the clock reaches zero, the athlete has to come down to allow the next athlete to climb
- c. A whistle will be blown to notify the athletes there is 1 minute left
- d. 5 (qualifiers) or 4 (finals) minutes of rest in the chair before climbing the next problem
- e. Time is running regardless of if the athlete is ready or not to climb

## Scoring

1. When the competitor arrives at the boulder, they will provide the Judge with their scorecard; the Judge should confirm that the correct competitor is climbing by cross referencing against the running order
2. Athletes are scored on the number of attempts it takes to achieve Zone holds and Tops on each boulder, on the scorecard:
  - a. Ensure the appropriate row is completed corresponding to the boulder number
  - b. At the beginning of each attempt: put an **I** in the appropriate cell
  - c. When the Zone hold is achieved: put a **-** in the middle of the **I**, forming a **+**
  - d. When the boulder is Topped: put a **-** across the Top of the **+**, forming a **ƒ**
3. If a competitor skips a Zone hold and advances further on the boulder, they will be scored as achieving the Zone only if they successfully Top the boulder
4. The athlete must achieve control of the Zone or Top hold prior to time expiring
5. The Judge must initial the scorecard when a competitor achieves a Zone (in the appropriate cell) and a Top (at the end of the row)
6. It is the competitor's responsibility to secure the Judge's signature, or they will not receive credit for the Zone or Top if the signature is missing
7. Competitors must speak with the Head Judge, Jury President or Technical Delegate if they intend to appeal a ruling; judges should call one of the officials if the competitor or their coach indicates an appeal is pending.

# Calgary Climbing Centre Rocky Mountain – March 13, 2022

## ACA Youth Rope Provincials – Athlete/Coach Technical Notes

### 1. Welcome and Thank You!

- a. Owner: Calgary Climbing Centre - Walson
- b. Jury President: Sylvain Vanier
- c. Head Judge: Rob Skrypnek
- d. Technical Delegate: Shayne Trottier
- e. On location Crew: Simon and team
- f. Head Route Setter: Ty Chapman
- g. Many Judges and volunteers
- h. Medical support: Nathan Hart

### 2. Athlete and Coach Behavior

- a. Athlete sportsmanship; appropriate language and behavior
- b. Coaches should not interact with Judge, including challenging calls
- c. Call Jury President, Head Judge or Technical Delegate if concerns
- d. **Abusive language or behaviour toward officials or volunteers will not be tolerated** and will result in yellow/red cards and/or removal of people who fail to respect this expectation

### 3. Format

- i. All youth age categories: Junior, A, B, C, D
- j. Qualifiers: 2 rounds, flash format (video preview and climbers allowed to watch each other)
- k. Finals: 1 on sight route
  - i. Finals quotas will reflect the Climbing Escalade Canada 2021-2022 Rules Amendments as closely as possible within schedule restrictions; this means there will be more finalists (i.e. >6) in most categories as outlined below and based on the number of athletes competing

Category	Number of Finalists	
	Male	Female
Junior	8	8
A	10	14
B	10	16
C	8	14
D	All athletes	

- ii. Athletes must be in isolation prior to it closing; failure to do so will result in disqualification from finals and there will be no exceptions
- iii. Finalists will not be presented prior to the first climber given the larger number of finalists and tight schedule

- iv. Coaches must be either in isolation or out; once a coach leaves isolation (exception: bathroom break), they cannot return

#### **4. Appeals**

- a. May be put forward by a coach using the written appeal form that will be available at the competition; requires an \$80 cash deposit
- b. If appeals are successful, the deposit will be returned

#### **2. Competition Floor and Layout**

- a. Isolation for finals only (2<sup>nd</sup> level)
- b. Video replay is being used for this competition

#### **3. Schedule and Running Orders**

- a. Copies of the final schedule and running orders will be posted on the Calgary Climbing Centre website and posted in CCC Rocky Mountain

### **Rules - Difficulty Elements**

#### **START - Routes are colour coded**

- 1. Any holds within reach from the ground is available to use as the start
  - a. It's a onetime deal, 1 attempt for Lead / Top rope event
  - b. The moment both feet from the climber leave the ground, the climber's turn/attempt has started
- 2. The athlete is allowed to touch any hold within reach from the ground
- 3. Brushing holds is permitted if reached from the ground
- 4. If the athlete leaves the ground and dabs, the athlete's turn is done - (see also foot shuffling)
  - a. If low from the ground and time permitted, allow another attempt with no score value for that attempt
- 5. Foot shuffling - some is allowed, but if the athlete commits to getting on the wall, their turn has started

#### **END of TURN**

- 1. Climber falls
- 2. Climber reach the Top by:
  - a. Lead: clip the anchor
  - b. Top Rope: grab and hold in control the final hold with both hands (same as awarding top for bouldering)
- 3. The Route Judge calls the climber down

### **Rules - Structures and Incidents**

- 1. **Every hold, volume and feature within the climber's reach is "IN"**
  - a. Exception: Unless specifically marked with hard and / or soft boundaries (see # 3 below)
  - b. Bolts and Quickdraws are not permitted for use
- 2. **Bolt holes**
  - a. Are considered "OUT" if they are part of the wall(s) and / or volumes
  - b. Are considered "IN" if they are part of the hold screwed to the wall and / or volume
- 3. **Out of Bounds**

- a. Hard Boundary (no go zone): usually Black color tape to delineate a border
- b. Soft Boundary (limbs, no holds): usually White color tape to delineate a border
- c. Unfinished edges and top of wall - Top and Sides

**4. Technical Incidents - JP determine if / where / when the athlete gets re-inserted in the round**

- a. A hold spins - could be advantage / disadvantage to be determined - notify head route setter
  - i. Athletes must call it immediately; if they continue climbing and fall, their turn is over
- b. Blood: Cleaning crew steps in the moment the athlete is back on the ground
- c. Rope belaying: short roped causing a fall / too much rope causing a safety issue

**5. Lead climbing**

- a. The climber must clip the quickdraw in sequence without missing one; or
  - i. Can downclimb to remedy the mistake if no warning was verbalized from the judge and their feet have not passed the quick draw
  - ii. If they miss one quick draw, the climber will be called down and their turn is over; for safety reasons, the climber should be permitted to clip the next quick draw before being called down
- b. If the climber Z-Clip - Safety Issue
  - i. Immediate warning from the judge; must be fixed before continuing progress
- c. If the climber back clips, the climber is NOT warned and climbing beyond is allowed
- d. Mandatory clipping hold for safety - clearly marked with a blue cross (pointed out at the preview time)
- e. If the climber climbs past a legitimate clipping position to reach a higher hold and falls while downclimbing to try to clip, the climber will be awarded the highest hold to be in that legitimate clipping position

**6. Coaching:**

- a. Qualifiers Flash Format: allowed to talk to their athletes when not on the wall
- b. Final Onsight format:
  - i. not allowed to talk to their athletes coming out of Isolation
  - ii. Coaches cannot travel between Climbing Floor and Isolation; once out of Isolation, coaches cannot return

**7. Time - Timer Mode or Countdown is used (if asked, you can let the climber know how much time is left)**

- a. **Qualifiers - Flash format**
  - i. Clock start the moment the Judge say "Timer start Now"
  - ii. 6-minute total time including preview
  - iii. Maximum 40 seconds preview time within the allocated time
- b. **Finals - Onsight format**
  - i. 6-minute preview period prior to the start of the round with the Category / Gender Athletes
  - ii. Up to 40 seconds route preview. Athletes must get on the wall after preview time is over.
  - iii. Allowed 6 minutes on the wall AFTER preview
  - iv. Clock (Timer mode) start the moment the climber leaves the ground
- c. Once the clock reaches zero, the athlete must come down to allow the next athlete to climb.

<b>Scoring</b>
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**Definition (as per IFSC Rules)**

- 1. **CONTROL** - (no further movement or progression)
  - a. Stable position;
  - b. Stopped some dynamic movement; **or**
  - c. A climbing movement not captured by the definition of "USE" - See below

2. **USE** - (progression or attempt at progression)
  - a. Effect a progressive movement of their centre of mass and / or hips; **and**
  - b. Effect a movement of either or both hands toward:
    - i. The next sequential handhold along the line of progression; or
    - ii. Any handhold further along the line of progression which has been successfully **Controlled** by another competitor from the same handhold (Skip)

### **Scoring - How it is done - 2 possible outcomes**

1. **Control**: points are awarded for the last hold (#) where Control was achieved
2. **Use**: points are awarded for the last hold (#) where Control was achieved AND used (+) as per the above definitions

### **Modifying Scoring and Route Map**

1. Adding a value (0.5) to an unmarked hold - successfully demonstrated CONTROL & USE by a climber - back scoring
  - a. Occasionally, a competitor will control and use an un-numbered foot hold with their hand. If a competitor successfully uses that un-numbered foothold and achieves control of the next hand hold, then all competitors who achieve control of that foot hold (but unsuccessful in “using” the foothold) should be awarded a half-point. If this occurs, the Judge should:
    - i. The first time that a competitor controls a particular foot hold, the Judge should note the competitor’s name on the route map or otherwise indicate on the running order. All subsequent competitors who control the same foot hold should be noted similarly.
    - ii. If a competitor controls and uses the foot hold, and achieves control of the next hand hold, then all competitors who controlled the foot hold should receive a half point if that is the point where their attempt ended. For example, if the foot hold is located between hand holds #14 and #15, the competitors will receive a score of 14.5 if they achieve control of the foot hold and then fall. Note that it will be necessary to re-enter the scores of competitors into Comp Season.
2. Subtracting a hold from a match / cluster of hold if USE(b)(ii) is achieved
  - a. Some hand holds have two numbers on the route map, indicating that the route setter intended for the competitors to match hands on that hold. For example, a single hold may have both #6 and #7 on it. If a competitor uses the hold without matching (i.e., uses only one hand) and achieves control of the next hand hold, then the route has been altered such that only the larger of the numbers counts. If this occurs, all competitors who achieved control with one hand and then fell (i.e., received a score of 6) should have their score adjusted up by one (i.e., change the score from 6 to 7).

**Thanks again for being here and have a great Comp!**