## **WE OFFER**

your children the opportunity to sport climb in a fun, challenging and controlled environment.

To ensure your child has a great experience with us:

- · All camps are supervised by certified indoor instructors.
- The climber to staff ratio is no greater than 8:1.
- All our instructors are highly qualified staff (meaning they teach all year).

Our camps are designed to promote active living and physical fitness with an emphasis on climbing. Confidence, communication, teamwork, care and preparation are just some of the elements your child will learn in all the summer camps we offer.

> **GO HIGHER WITH OUR CLIMBING EXPERTS!**

## **EXTRA RENTALS**

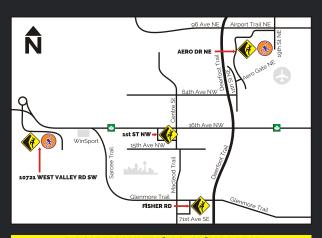
Climbing Shoes: \$20.00 for the week Recommended for Junior Camp Climbers



# EBOO

2 days notice or more: Ability to reschedule or Full refund minus \$25 fee. Less than 2 days notice: no refund or rescheduling.





### **ROCKY MOUNTAIN & CLIMBPARK**

10721 West Valley Road SW Calgary, AB T3B 5T2

HOURS: Mon - Fri 10am-11pm Sat & Sun gam-10pm

rockymountain@calgaryclimbing.com

#### **CHINOOK**

#6 - 7130 Fisher Road SE Calgary, AB T2H 0W3 403-252-6778 chinook@calgaryclimbing.com

HOURS: Mon, Tues, Thurs, Fri 10am-11pm Wed 6am-11pm Sat & Sun 10am-10pm

### **STRONGHOLD**

403-276-6484 Tues 6am-11pm Sat & Sun 10am-8pm 140 15th Avenue NW Calgary, AB T2M 0G6

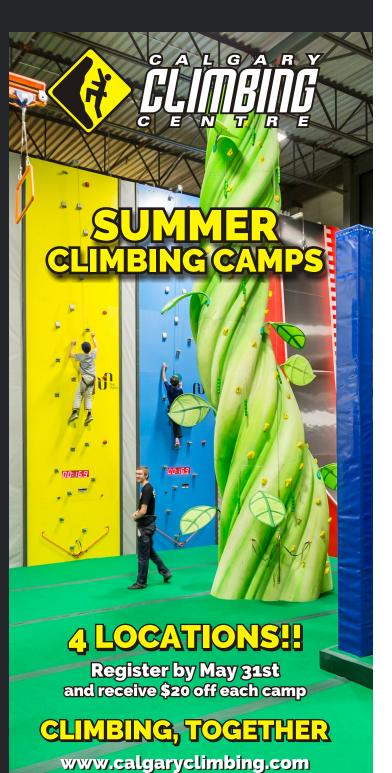
### **HANGER & CLIMBPARK**

106 588 Aero Drive NE Calgary, AB T2E 7Y4 **587-230-0189** hanger@calgaryclimbing.com

Mon, Tues, Wed, Fri 10am-11pm Thurs 6am-11pm Sat & Sun 9am-8pm

### www.calgaryclimbing.com

Photos by latitudephotography.com



# **Climbing Camps for Kids!**

Register by May 31st and receive \$20 off each camp

### 4-5 Year Old - Adventure Camp (4:1 ratio)

This Adventure Camp is a great way to experience climbing for young climbers. Our instructors will have them climbing on a wide range of walls and put the emphasis on having fun. Your child will not learn how to belay but will be shown how to set-up and check their harness and learn some basic climbing skills while having fun playing climbing games.

This camp is 2 hours a day from 10am to noon. \$149

### 6-8 Year Old - Nano Camp (6:1 ratio)

The Nano camp is a great introduction to climbing, Your child will learn how to set-up and check their harness and knot and how to belay another climber on top rope. They will learn new climbing skills and techniques and have fun going up the walls and playing climbing games all week.

This camp is 3 hours a day; either mornings (from 9am to noon), or afternoons (from 1pm to 4pm). \$169

### 9-14 Year Old - Half Day Junior Camp (8:1 ratio)

This half day Junior camp is a great option for new or returning climbers. With a wide variety of angles to push all ability levels, your climbers will always be discovering new adventures. Our walls are always changing so climbers get new challenges every camp. Your child will learn how to set-up and check their harness and knot and how to belay another climber on top rope. They will learn new climbing skills and techniques and have fun playing climbing games.

This camp is 3 hours a day; either mornings (from 9am to noon), or afternoons (from 1pm to 4pm). \$169

### 9-14 Year Old - Full Day Junior Camp (8:1 ratio)

This is a great full day camp for new and experienced climbers that want to push their limits and climb all day. Your child will learn how to set-up and check their harness and knot and how to belay another climber on top rope. Participants will be challenged daily when climbing our walls and have the chance to try other activities like slacklining, rappelling, a climbing obstacle course, lead climbing and lead belaying. We will also introduce climbing specific warm-ups and training exercises, refine their movement skills and practice advanced climbing and bouldering, all while keeping the goal of fun and safety as a priority.

This camp is 7 hours a day from 9am to 4pm. \$299

| STRONGHOLD & ROCKY MOUNTAIN LOCATIONS |           |    |                            |              |              |              |              |  |  |  |
|---------------------------------------|-----------|----|----------------------------|--------------|--------------|--------------|--------------|--|--|--|
|                                       | ADVENTURE |    | NANO                       |              | JUNIOR       |              | JUNIOR       |  |  |  |
| WEEK                                  | АМ        | PM | АМ                         | PM           | АМ           | РМ           | FULL DAY     |  |  |  |
| July 3-6                              |           |    | SINGL                      |              |              |              |              |  |  |  |
| July 9-13                             | <b>✓</b>  |    | $\checkmark$               | $\checkmark$ | $\checkmark$ | $\checkmark$ |              |  |  |  |
| July 16-20                            |           |    |                            |              |              |              | $\checkmark$ |  |  |  |
| July 23-27                            | <b>√</b>  |    | <b>√</b>                   | <b>√</b>     | <b>√</b>     | <b>√</b>     |              |  |  |  |
| Jul 30-Aug 3                          |           |    |                            |              |              |              | $\checkmark$ |  |  |  |
| Aug 6-10                              |           |    | SINGLE DAY CAMPS AVAILABLE |              |              |              |              |  |  |  |
| Aug 13-17                             |           |    |                            |              |              |              | <b>√</b>     |  |  |  |
| Aug 20-24                             | <b>√</b>  |    | <b>√</b>                   | <b>√</b>     | <b>√</b>     | <b>√</b>     |              |  |  |  |
| Aug 27-31                             |           |    |                            |              |              |              | <b>√</b>     |  |  |  |

| CHINOOK & HANGER LOCATIONS |              |    |              |              |              |              |              |  |  |  |
|----------------------------|--------------|----|--------------|--------------|--------------|--------------|--------------|--|--|--|
|                            | ADVENTURE    |    | NANO         |              | JUNIOR       |              | JUNIOR       |  |  |  |
| WEEK                       | АМ           | РМ | АМ           | PM           | АМ           | РМ           | FULL DAY     |  |  |  |
| July 3-6                   |              |    | SINGL        | E DAY CA     |              |              |              |  |  |  |
| July 9-13                  |              |    |              |              |              |              | $\checkmark$ |  |  |  |
| July 16-20                 | $\checkmark$ |    | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |              |  |  |  |
| July 23-27                 |              |    |              |              |              |              | $\checkmark$ |  |  |  |
| Jul 30-Aug 3               | $\checkmark$ |    | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |              |  |  |  |
| Aug 6-10                   |              |    | SINGL        | E DAY CA     |              |              |              |  |  |  |
| Aug 13-17                  | $\checkmark$ |    | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |              |  |  |  |
| Aug 20-24                  |              |    |              |              |              |              | $\checkmark$ |  |  |  |
| Aug 27-31                  | <b>√</b>     |    | <b>√</b>     | <b>√</b>     | <b>√</b>     | <b>√</b>     |              |  |  |  |

We offer single day camps all year round! Visit our website for dates and information.



### Register online, by phone or in person

Register at the location you want to attend

\*Payment in full required to register\*

Online at www.calgaryclimbing.com

Remember: bring snacks (½ day) and lunches (full day)

## YOUR SUMMER WITH US WILL TAKE YOU TO NEW HEIGHTS!

Visit our website <u>www.calgaryclimbing.com</u> for information on all of our Indoor and Outdoor Programs!